

April Meal Box Pick-up Menu
Carb Count

Meals for pick-up April 5 - 9

<u>Breakfast Meals</u>	<u>Lunch Entrees</u>	<u>Fruits and Vegetables for Breakfast Lunch</u>	
Homemade muffin 38	Chicken strips 13	Fresh apples 19	Fresh vegetables
Cinni minis 40	Cheese pizza 29	Fresh orange 16	Green beans 6
Assortment of cereal & oatmeal – Read Label	Cheesy ziti 50	Diced peaches 14	Potato Wedges 20
Bagel 44 & cream cheese 1	Beef fiesta nachos 29 and tortilla chips 30	Diced pears 15	Bean & corn salsa 24
Turkey sausage & cheese on an English muffin 26	Turkey hot dog on a bun 28	100% fruit juice 16	
String cheese daily1	Beef cheeseburger/bun 30 tater tots 16	Applesauce cups 12	
	Turkey ham & cheese hoagie 31	Berry cup 20	

Meals for pick-up April 12 - 16

<u>Breakfast Meals</u>	<u>Lunch Entrees</u>	<u>Additional Fruits and Vegetables for Breakfast Lunch</u>	
Homemade muffin 38	Cheesy chicken broccoli rice casserole 38	Fresh apples 19	Fresh vegetables
Cinni minis 40	Chicken patty 13 on a bun 26	Fresh oranges 16	Refried beans 16
Assortment of cereal & oatmeal – Read Label	Cheese 14 Salsa 3 Chips 30 nachos	Berry cup 20	Diced Carrots 3
Bagel 44 & cream cheese 1	Grilled cheese sandwich 31	100% fruit juice 16	Salsa 3
Turkey sausage & cheese on an English muffin 26	Turkey mini corn dogs 33	Applesauce cups 12	Corn 16
String cheese daily1	Turkey & cheese sandwich 32	Diced peaches 15	
	Bento box 15	Craisins 30	
	<i>(includes turkey and cheese slices with crackers)</i>		

Meals for pick-up April 19 - 23

<u>Breakfast Meals</u>	<u>Lunch Entrees</u>	<u>Additional Fruits and Vegetables for Breakfast & Lunch</u>	
Homemade muffin 38	Homemade mac & cheese and Broc 37	Fresh apples 19	Fresh vegetable
Cinni minis 40	Chicken nuggets 12	Fresh orange 16	Mashed potatoes 15
Assortment of cereal & oatmeal – Read Label	Cheese pizza 29	Diced peaches 14	Corn 16
Bagel 44 & cream cheese 1	Popcorn chicken bowl 29	Diced pears 15	Green beans 6
Turkey sausage & cheese on an English muffin 26	Cheeseburger on a bun 30	100% fruit juice 16	Veggie juice 13
String cheese daily1	Grab & Go 44	Applesauce cups 12	
	<i>(includes yogurt, string cheese, & bread slice)</i>		
	Beef walking tacos with Fritos 30	Berry cup 20	

Meals for pick-up April 26 - 30

<u>Breakfast Meals</u>	<u>Lunch Entrees</u>	<u>Additional Fruits and Vegetables for Breakfast Lunch</u>	
Homemade muffin 38	Chicken strips 13	Fresh apples 19	Fresh vegetables
Cinni minis 40	Cheese pizza 29	Fresh orange 16	Green beans 6
Assortment of cereal & oatmeal – Read Label	Cheesy ziti 50	Diced peaches 14	Potato Wedges 20
Bagel 44 & cream cheese 1	Beef fiesta nachos 29 and tortilla chips 30	Diced pears 15	Bean & corn salsa 24
Turkey sausage & cheese English muffin 26	Turkey hot dog on a bun 28	100% fruit juice 16	
String cheese daily1	Beef cheeseburger/bun 30 tater tots 16	Applesauce cups 12	
	Turkey ham & cheese hoagie 31	Berry cup 20	

This institution is an equal opportunity provider.