












# Elementary Menu - December 2018

<p>3</p> <p>All Beef Cheeseburger Tater Tots</p> <p>Spicy Chicken Sandwich Tater Tots</p> <p><b>Garden Bar Selections</b> Caesar Salad 🥗 100% Fruit Juice 3 Bean Salad Jicama Sticks 🥗 Pickles Hamburger Bun 🌾</p>	<p>4</p> <p>Grab &amp; Go Lunch <b>V</b> <i>String Cheese, Yogurt, &amp; Berry Bread Slice</i></p> <p>Spaghetti 🍝 with Beef Meat Sauce</p> <p><b>Garden Bar Selections</b> Ranch Salad 🥗 Apples 🍏 Sweet Potato Sticks 🥔 Potato Salad 🍟</p> 	<p>5</p> <p>Chicken Strips Seasoned Wedges</p> <p>Soy Butter &amp; Jelly Sandwich <b>V</b> 🌾</p> <p><b>Garden Bar Selections</b> Caesar Salad 🥗 Peaches Celery Sticks 🥒 Kohlrabi Sticks 🥒 Goldfish Graham 🍪</p> 	<p>6</p> <p>Beef &amp; Turkey Pepperoni Pizza 🍕</p> <p> Chicken Pot Pie </p> <p><b>Garden Bar Selections</b> Ranch Salad 🥗 Bananas 🍌 Cucumber Coins 🥒 Dinner Roll 🌾</p>	<p>7</p> <p>Chicken Teriyaki Spiced Brown Rice 🍚</p> <p>Beef Taco Salad Tortilla Chips 🌾</p> <p><b>Garden Bar Selections</b> Caesar Salad 🥗 Pears Broccoli 🥦 Carrot Coins 🥕</p> 
<p>10</p> <p><b>No School</b></p> 	<p>11</p> <p>Turkey Hot Dog Seasoned Wedges</p> <p> Hot Ham &amp; Cheese Potato Pucks <i>(made with turkey ham)</i></p> <p><b>Garden Bar Selections</b> Caesar Salad 🥗 Strawberries Coleslaw Carrot Coins 🥕 Hot Dog Bun 🌾</p>	<p>12</p> <p>Chicken &amp; Waffles 🍷</p> <p>Pizza Dunkers 🍷 <i>(contains pork)</i> Marinara Sauce</p> <p><b>Garden Bar Selections</b> Ranch Salad 🥗 Mandarin Oranges Grape Tomatoes 🍷 Celery Sticks 🥒</p>	<p>13</p> <p>Cheese Pizza <b>V</b> 🍕</p> <p> Beef Stew </p> <p><b>Garden Bar Selections</b> Caesar Salad 🥗 Bananas 🍌 Jicama Sticks 🥒 Dinner Roll 🌾</p> 	<p>14</p> <p>Mac &amp; Trees <b>V</b> 🍷</p> <p>Chicken Nuggets Corn</p> <p><b>Garden Bar Selections</b> Ranch Salad 🥗 Apple 🍏 Veggie Juice Goldfish Graham 🍪</p> 

Check out all the ways we're keeping our menu healthy!



**Key:**

- V** = vegetarian
- 🍷 = made with whole grains (≥50%)
- 🥗 = fresh fruit/vegetable
-  = Farm to School product included in meal
-  = Chef's Kitchen

**Get the daily menu on your phone!**  
Download the Nutrislice mobile app!  
Get nutrition information for each food, images, and descriptions. Visit our district's new menus site at: [mmsd.nutrislice.com](https://mmsd.nutrislice.com)

**This institution is an equal opportunity provider.**

**What is Chef's Kitchen?** 

The Chef's Kitchen is a new program designed to introduce our students to new and exciting items. To learn more about this program, go to <https://food.madison.k12.wi.us/> and click the Chef's Kitchen link.

<p>17</p> <p>Turkey Corn Puppies 🍴 Carrots</p> <p>Beef Chili Tortilla Chips 🍴</p> <p><b>Garden Bar Selections</b> Caesar Salad 🍴 100% Fruit Juice Mango Carrot Coins 🍴 Cauliflower 🍴</p>	<p>18</p> <p>Beef Walkin' Tacos Corn</p> <p>Grilled Cheese 🍴</p> <p><b>Garden Bar Selections</b> Ranch Salad 🍴 Peaches Grape Tomatoes 🍴 Refried Beans Fritos 🍴</p>	<p>19</p> <p>Beef &amp; Turkey Pepperoni Pizza 🍴</p> <p>Grab &amp; Go Lunch 🍴 <i>String Cheese, Yogurt, &amp; Chocolate Chip Mini Loaf</i></p> <p><b>Garden Bar Selections</b> Caesar Salad 🍴 Bananas 🍴 Broccoli Salad 🍴 Jicama Sticks 🍴</p>	<p>20</p> <p>Whole Grain Pancakes 🍴 Pork Sausage Link</p> <p> Indian Butter Chicken Brown Rice 🍴</p> <p><b>Garden Bar Selections</b> Ranch Salad 🍴 Apples 🍴 Celery Sticks 🍴</p>	<p>21</p> <p>Beef Sloppy Joe Tater Tots</p> <p>Shredded BBQ Pork Green Beans</p> <p><b>Garden Bar Selections</b> Caesar Salad 🍴 Hamburger Bun 🍴 Craisins Pickles Choc Chip Cookie 🍴</p>
<p>24</p> <p><b>No School</b></p>	<p>25</p> <p><b>No School</b></p>	<p>26</p> <p><b>No School</b></p>	<p>27</p> <p><b>No School</b></p>	<p>28</p> <p><b>No School</b></p>
<p>31</p> <p><b>No School</b></p>	<p><i>Enjoy Your Winter Break!</i></p>  <p><b>Prices:</b> Breakfast: \$1.25 Lunch: \$2.60 (Reduced: \$0.40) Milk for home lunch: \$0.50 *Milk is included with all meals.</p> <p>Visit our website: <a href="https://food.madison.k12.wi.us/">https://food.madison.k12.wi.us/</a></p> <p>Pay for meals and check student's account online at: <a href="http://www.mypaymentsplus.com">www.mypaymentsplus.com</a> Paying at school? Make checks payable to Food &amp; Nutrition.</p>			

### Daily Breakfast Menu

All breakfast meals include string cheese, assorted fruit, and milk. Assorted varieties of cereal available daily.

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausage & Cheese English Muffin 🍴	Whole Grain Cinni Mini 🍴	Homemade Trail Mix Bar/ Berry Bread slice 🍴	Homemade Muffin 🍴	Bagel 🍴 & Cream Cheese/Jelly

### Looking for food resources this winter?

Visit the website for 211 Wisconsin (<https://211wisconsin.org>) to do a guided search for resources in your area!

The site can help you find:

- Emergency food, such as food pantries
- Meal sites
- Assistance in applying for FoodShare or WIC.



The site also lists everything you need to know about each resource, such as:

- The address, phone number, website and hours of operation
- How to get started with the program
- Eligibility requirements
- Everything you need to bring with you to get started

