






# Elementary Menu - September 2019

<p style="text-align: center;">2</p> <p style="text-align: center;"><b>No School</b></p> 	<p style="text-align: center;">3</p> <p style="text-align: center;">Chicken Patty Corn</p> <p style="text-align: center;">All Beef Hamburger Corn</p> <p style="text-align: center;">Caesar Salad 🍴 Carrot Coins 🍴 Pickles Applesauce Cup Hamburger Bun 🍴</p>	<p style="text-align: center;">4</p> <p style="text-align: center;">Italian Dunkers <b>V</b> 🍴 Green Beans Marinara Sauce</p> <p style="text-align: center;">Beef Fiesta Nachos Tortilla Chips 🍴</p> <p style="text-align: center;">Ranch Salad 🍴 Edamame Garbanzo Beans Bananas 🍴</p>	<p style="text-align: center;">5</p> <p style="text-align: center;">WG French Toast Sticks 🍴 Pork Sausage Link</p> <p style="text-align: center;"><b>NEW</b> Kung Pao Chicken with Broccoli Brown Rice 🍴 Fortune Cookie 🍴</p> <p style="text-align: center;">Caesar Salad 🍴 Grape Tomatoes 🍴 Pears</p>	<p style="text-align: center;">6</p> <p style="text-align: center;">Turkey Hot Dog Seasoned Wedges</p> <p style="text-align: center;">Turkey Bacon Ranch Sub Baby Carrots 🍴</p> <p style="text-align: center;">Ranch Salad 🍴 Orange wedges 🍴 Hot Dog Buns 🍴</p>
<p style="text-align: center;">9</p> <p style="text-align: center;"><b>NEW</b> Beef Teriyaki Brown Rice 🍴</p> <p style="text-align: center;">EZ Jammer Soy Butter Sandwich <b>V</b> 🍴</p> <p style="text-align: center;">Caesar Salad 🍴 3 Bean Salad Grape Tomatoes 🍴 Juice Strawberries</p>	<p style="text-align: center;">10</p> <p style="text-align: center;">Beef &amp; Turkey Pepperoni Pizza 🍴</p> <p style="text-align: center;">Mini Turkey Corn Dogs Carrots</p> <p style="text-align: center;">Ranch Salad 🍴 Sweet Potato Sticks 🍴 Potato Salad Apples 🍴</p>	<p style="text-align: center;">11</p> <p style="text-align: center;">All Beef Cheeseburger Tater Tots</p> <p style="text-align: center;"><b>NEW</b> BBQ Chicken Sandwich Tater Tots</p> <p style="text-align: center;">Caesar Salad 🍴 Kohlrabi Sticks 🍴 Pickles Peaches Hamburger Bun 🍴</p>	<p style="text-align: center;">12</p> <p style="text-align: center;">Grab &amp; Go Lunch <b>V</b> <i>String Cheese, Yogurt &amp; Mini Choc Chip Loaf</i></p> <p style="text-align: center;"><b>NEW</b> Swedish Meatballs Mashed Potatoes</p> <p style="text-align: center;">Ranch Salad 🍴 Cucumber Coins 🍴 Bananas 🍴 Dinner Roll 🍴</p>	<p style="text-align: center;">13</p> <p style="text-align: center;">Chicken Strips Seasoned Wedges</p> <p style="text-align: center;">Beef Taco Salad Tortilla Chips 🍴</p> <p style="text-align: center;">Caesar Salad 🍴 Broccoli Florets 🍴 Carrot Coins 🍴 Pears Choc Chip Cookie 🍴</p>
<p style="text-align: center;">16</p> <p style="text-align: center;">Chicken &amp; Waffles 🍴</p> <p style="text-align: center;">Pizza Dunkers 🍴 <i>(contains pork)</i> Carrots Marinara Sauce</p> <p style="text-align: center;">Ranch Salad 🍴 Carrot Coins 🍴 Garbanzo Beans Celery Sticks 🍴 Pineapple</p>	<p style="text-align: center;">17</p> <p style="text-align: center;">Turkey Hot Dog Seasoned Wedges</p> <p style="text-align: center;">BBQ Pork Sandwich Corn</p> <p style="text-align: center;">Caesar Salad 🍴 Coleslaw Strawberry Cups Hot Dog Bun 🍴</p>	<p style="text-align: center;">18</p> <p style="text-align: center;">Whole Grain French Toast Sticks 🍴 Pork Sausage Link</p> <p style="text-align: center;">Cheese Lasagna <b>V</b> 🍴 Breadstick</p> <p style="text-align: center;">Ranch Salad 🍴 Grape Tomatoes 🍴 Cauliflower Florets 🍴 Mandarin Oranges</p>	<p style="text-align: center;">19</p> <p style="text-align: center;">Cheese Pizza <b>V</b> 🍴</p> <p style="text-align: center;">Ham &amp; Cheese Sub <i>(made with turkey ham)</i> Peewee Bun 🍴</p> <p style="text-align: center;">Caesar Salad 🍴 Jicama Sticks 🍴 Cucumber Coins 🍴 Bananas 🍴</p>	<p style="text-align: center;">20</p> <p style="text-align: center;">Mac &amp; Trees <b>V</b> 🍴</p> <p style="text-align: center;"><b>NEW</b> Bento Box <i>Hardboiled Egg, Turkey Stick, Baby Carrots 🍴, Animal Crackers</i></p> <p style="text-align: center;">Ranch Salad 🍴 Veggie Juice Apple Slices 🍴</p>

<p style="text-align: right;">23</p> <p>Chicken Nuggets Green Beans</p> <p>Tater Tot Casserole w/Beef</p> <p><b>NEW</b></p> <p>Caesar Salad 🍴 Broccoli 🍴 Carrot Coins 🍴 Juice Dinner Roll 🍴</p>	<p style="text-align: right;">24</p> <p>Beef Walkin' Tacos Corn Fritos 🍴</p> <p>Grab &amp; Go Lunch <b>V</b> String Cheese, Egg &amp; Chocolate Chip Mini Loaf 🍴</p> <p>Ranch Salad 🍴 Refried Beans Grape Tomatoes 🍴 Apples 🍴</p>	<p style="text-align: right;">25</p> <p>Beef &amp; Turkey Pepperoni Pizza 🍴</p> <p>Grilled Cheese <b>V</b> 🍴</p> <p>Caesar Salad 🍴 Jicama sticks 🍴 Broccoli Salad 🍴 Peaches</p>	<p style="text-align: right;">26</p> <p>Whole Grain Pancakes 🍴 Pork Sausage Link</p> <p>Beef &amp; Broccoli Stir Fry <b>NEW</b> Brown Rice 🍴</p> <p>Ranch Salad 🍴 Celery Sticks 🍴 Sweet Potato Sticks 🍴 Bananas 🍴</p>	<p style="text-align: right;">27</p> <p>Beef Sloppy Joe Tater Tots</p> <p>Spicy Chicken Sandwich Tater Tots</p> <p>Caesar Salad 🍴 Pickles Craisins Hamburger Bun 🍴</p>
<p style="text-align: right;">30</p> <p>Chicken Patty Corn</p> <p>All Beef Hamburger Corn Ranch Salad 🍴 Carrot Coins 🍴 Pickles Applesauce Cup Hamburger Bun 🍴</p>	<p style="text-align: center;"><b>Check out all the ways we're keeping our menu healthy!</b></p> <p><b>Key:</b>  <b>V</b> = vegetarian   = made with whole grains (≥50%)   = fresh fruit/vegetable   = Farm to School product included</p> <p style="text-align: center;"><b>Get the daily menu on your phone!</b>  Download the Nutrislice mobile app!  Get nutrition information for each food, images, and descriptions. Visit our district's new menus site at: <a href="http://mmsd.nutrislice.com">mmsd.nutrislice.com</a></p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p style="text-align: right;"><b>Prices:</b>  Breakfast: \$1.25  Lunch: \$2.60  (Reduced: \$0.40)  Milk for home lunch: \$0.50  *Milk is included with all meals.</p>			

### Daily Breakfast Menu

*All breakfast meals include string cheese, assorted fruit, and milk. Assorted varieties of cereal available daily.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Cinni Mini 🍴</p> <p><b>Featured Fruits:</b>  Apple Slices 🍴  100% Fruit Juice</p>	<p>Egg &amp; Cheese English Muffin Sandwich 🍴</p> <p><b>Featured Fruits:</b>  Bananas 🍴  Applesauce Cup</p>	<p>Homemade Muffin 🍴</p> <p><b>Featured Fruits:</b>  Craisins  100% Fruit Juice</p>	<p>Homemade Trail Mix Bar 🍴  or Cherry Frudel 🍴</p> <p><b>Featured Fruits:</b>  Orange Wedges 🍴  Applesauce Cup</p>	<p>Mini Pancakes 🍴</p> <p><b>Featured Fruits:</b>  Pineapple Tidbits  100% Fruit Juice</p>

This institution is an equal opportunity provider.