



2019 Summer Menu – School Sites

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choose 3 of the 4 components offered	Cereal Bar (30) Juice (13) String Cheese (1) Milk	Bagel & Cream Cheese (47) Banana (27) String Cheese (1) Milk	Zucchini Bread (43) Peaches (14) String Cheese (1) Milk	Chocolate Chip Loaf (26) Fruit Cocktail (15) String Cheese (1) Milk	Trail Mix Bar (45) Apple (19) String Cheese (1) Milk
	Cereal is available daily				
Lunch or Supper Cold Menu Vegetarian Hot Menu Sides	Grab-N-Go String Cheese, Hardboiled Egg, Bread Slice (46)	Turkey-Ham & Cheese Sub (29)	Chicken Caesar Salad Lettuce Caesar Chicken Parmesan Cheese (3.5)	Yogurt & Cheese Cubes Goldfish Pretzel Green Pepper Strips (37)	Italian Sub Turkey-Ham Turkey Pepperoni American Cheese Snap Peas (5)
	Soybutter & Jelly Sandwich (55)	Cheese Sub (30)	Sub Hardboiled Egg (1)	Same (37)	Cheese Sub (6.5)
	Chicken Drumstick Biscuit (32)	French Toast Pork Sausage Links (28)	Popcorn Chicken Green Beans (26)	Mac & Trees (38)	Turkey Hot Dog Seasoned Wedges (23)
	Cauliflower Florets (4) Strawberry Cup (22) Milk	Mandarin Oranges (20) Cucumber Slices (4) Milk	Orange Wedges (15) Goldfish Cheddar (14) Milk	Apple (19) Milk	Hot Dog Bun Kiwi Halves (44) Milk
MSCR Snack	Oatmeal CC Bar Applesauce Cup Baby Carrots (49)	Cheese Cubes Peaches (22)	Cereal (22) Milk	Cheez-it Yogurt (33)	Soybutter Sandwich (55)

Milk

Skim: 11
 1%: 11
 Chocolate: 19

Condiments

Ketchup: 2
 Mayonnaise: 0
 Ranch Dressing: 4

