








2019 Summer Menu – School Sites

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choose 3 of the 4 components offered	Berry Bread (43) Applesauce Cup (22) String Cheese (1) Milk	Muffin (32) Juice (13) String Cheese (1) Milk	Cereal Bar (30) Banana (27) String Cheese (1) Milk	Cinni Mini's (40) Apple (19) String Cheese (1) Milk	Bagel & Cream Cheese (47) Juice (13) String Cheese (1) Milk
	Cereal is available daily				
Lunch or Supper Cold Menu Vegetarian Hot Menu Sides	Turkey & Cheese Sandwich Grape Tomatoes (5) 	Taco Salad Lettuce Taco Meat Grape Tomatoes  Shredded Cheddar (7)	Chef Salad Lettuce Cheese Cubes Diced Turkey-Ham Goldfish Pretzel (17.5)	Turkey Bacon Ranch Sandwich Sweet Potato Sticks (29)	Turkey-Ham & Cheese Sub Broccoli Florets  (32)
	Cheese Sandwich (7)	Sub Hardboiled Egg (4)	Sub Hardboiled Egg (18)	Egg Salad (22)	Cheese Sub (33)
	Cheeseburger Tater Tots (19)	Fiesta Nachos Taco Meat Bean Salsa Shredded Cheddar (5)	Cheese Pizza (31)	Chicken Patty Tater Tots (31)	Chicken Teriyaki Brown Rice Broccoli Florets (56)
	Hamburger Bun Craisins (54) Milk	Tortilla Chips (18) Strawberry Cup (22) Milk	Orange Wedges (10.5)  Green Beans (3.5)  Milk	Hamburger Bun Fresh Pear 12Oct (42) Milk	Apple (19) Milk
	MSCR Snack	Goldfish Cheddar String Cheese (15)	Chocolate Chip Cookie (25) Milk	Chocolate Chip Loaf Fruit Cocktail (48.5)	Quaker Snack Mix Juice Baby Carrots (34)

Milk

Skim: 11
1%: 11
Chocolate: 19

Condiments

Ketchup: 2
Mayonnaise: 0
Ranch Dressing: 4

