


MSCR Menu – September 2020

Daily Breakfast Menu

All breakfast meals include string cheese, assorted fruit, and milk. Assorted varieties of cereal available daily.

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal String Cheese	Mini Waffles String Cheese	Muffin String Cheese	Cereal String Cheese	Cinnamon Danish String Cheese

Daily Lunch Menu

7	8	9	10	11
	Turkey Hot Dog on a Bun Potato Wedges Fruit Juice Milk	French Toast Sticks Scrambled Eggs Baby Carrots Craisins Milk	Cheesy Nachos Refried Beans Salsa Diced Pears Milk	Cheese Pizza Romaine & Tomatoes Applesauce Cup Milk
14	15	16	17	18
Turkey Corn Puppies Corn Applesauce Cup Milk	Grab & Go <i>(string cheese, yogurt, & bread slice)</i> Baby Carrots Craisins Milk	Grilled Cheese Romaine & Tomatoes Fruit Juice Milk	Bento Box <i>(turkey & cheese slices with crackers)</i> Diced Peaches Milk	Beef Walking Tacos Tortilla Chips Apple Slices Milk
21	22	23	24	25
Grilled Cheese Baby Carrots Diced Pears Milk	Turkey Hot Dog on a Bun Potato Wedges Fruit Juice Milk	Chicken Nuggets Corn Craisins Milk	Beef Fiesta Nachos with Bean Salsa Tortilla Chips Orange Wedges Milk	Cheese Pizza Romaine & Tomatoes Applesauce Cup Milk
28	29	30	10/1	10/2
Turkey Hot Dog on a Bun Potato Wedges Fruit Juice Milk	French Toast Sticks Scrambled Eggs Baby Carrots Craisins Milk	Cheesy Nachos Refried Beans Salsa Diced Pears Milk	Cheese Pizza Romaine & Tomatoes Applesauce Cup Milk	Chicken & Waffles Diced Peaches Milk